



# Panui

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E nga reo, e nga mana, e nga karangaranga maha.  
Nau Mai, Haere Mai ki te panui hou

Tena koutou katoa. If you would like to contribute to this panui or unsubscribe please email us at [reception@slgroup.co.nz](mailto:reception@slgroup.co.nz).

SLG's featured client for this panui is :

**Te Roopu Mate Huka O Aotearoa**  
(Maori Diabetes Trust of New Zealand)

## New Chairperson for Te Roopu Mate Huka O Aotearoa

He herenga waka.  
He whitiwhiti whakaaro.  
He whitiwhiti korero.  
E tu ko te maramatanga.

Whenever canoes are tied up  
Thoughts are exchanged  
Dialogue is exchanged  
Enlightenment comes forth



## hauora maori



**Te Kaunihera O Nga Neehi Maori**  
National Council of Maori Nurses  
[www.maorihealth.co.nz](http://www.maorihealth.co.nz)



**Nga Ngaru Hauora O Aotearoa**  
National Health Providers Collective  
[www.ngangaru.co.nz](http://www.ngangaru.co.nz)



**Te Roopu Mate Huka O Aotearoa**  
Maori Diabetes Collective  
[www.maoridiabetes.co.nz](http://www.maoridiabetes.co.nz)

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Ko Puihi te Tangata.  
Mataatua te Waka  
Taratarata te Maunga Tapu.  
Waihapa te Marae.  
Taitokerau te Whare Tupuna.  
Popoti te Awa.  
Poaka whakaahua te Wahi Tapu.  
Ngaitupango, Tehoia nga Hapu.  
Ngaikahu ki Whangaroa te Iwi.  
Te Tupuna ingoa te taha o toku Matua ko Te pahi Te taha toku whaea ko nga Heke.



Louie Katene ahou.  
Have a background in Social Services, Maori Spirituality and Theology.  
I am currently employed as Kaiwhakahere / Kaiawhina for Te Runanga O Whaingaroa Social Services. I have been employed by this Organisation since 1990, in various roles leading up to its current Team operations, providing a wide range of holistic Maori Health initiatives, to our whanau Hapu Iwi of our 16 Marae here in Whangaroa.

In 1996 I became President of TRMHOA, at that time most Iwi through out the North and South Island were well represented. 1999 to 2000 Taura from Tainui to the top of the North Island enrolled and completed a Diabetes Community Educators Course at Manukau Polytechnic Auckland.

We are fortunate to have one of those Taura Dan Farnham, to be working in our Rohe alongside of our Diabetes Nurse Hana Johansen, and Dr Alison Mc Alwee on clinic day at the Whangaroa Health

Services Trust.  
In 2000 Matehuka held their first conference in Christchurch, the theme was Walking with our Mokopuna.

As of the 25<sup>th</sup> September 08 I was elected back into this position by the outgoing interim chairperson Luana Murray, I now sit at the table with Terry Ehau Tairawhiti, Ema Taungakore and of course nga kaihoe o tenei waka Business Solutions SL Group LTD Papamoa.

Many representatives like myself were diabetic's who desperately fought to be set free of this disease. Sadly most died with no succession to fill and carry on with research for the next generation. The task ahead of us is huge. The love for our mokopuna is greater.

Kei a matou te Taumata whakawhitiwhiti Korero.  
Kei a matou te ritenga.  
Kei a matou nga whakatakato korero.

**Louie Katene**  
Type 2 Diabetic

Whakakarotia nga Mauiui Mate Huka Maori.  
Ko enei nga wawata me te tumanako.  
Mo nga mokopuna apopo.



## 2008 events



### October Breast Cancer awareness Month

6-10 South Pacific Nurse Forum (SPNF) Suva, Fiji.

### November

### NOVEMBER

7 Te Ohanga Mataora Paetahi Maori Nursing Degree Launch, Awanuiarangi, Whakatane.

13-14 Bi-annual Wananga O te Maramatanga (Maori Caucus)

For more detailed info on any above events log onto [www.ngangaru.co.nz/events](http://www.ngangaru.co.nz/events) [www.maoridiabetes.co.nz/events](http://www.maoridiabetes.co.nz/events)

## New Website for Te Roopu Mate Huka



Te Roopu Mate Huka Are proud to be ONLINE!!

Information on all topics relevant to Maori Diabetes will be available. Please let us know any suggestions you have or contributions to the site.

Visit them at [www.maoridiabetes.co.nz](http://www.maoridiabetes.co.nz)

## Diabetic Clinic at Whangaroa Health Services Trust

A Diabetic Clinic day at Whangaroa Health Services Trust in Northland isn't a chore to attend for the many diabetic in the region. In fact they get pampered!

The morning clinic is staffed by one GP, one Diabetes Nurse and a Community Educator.

The services offered besides from being pampered are diabetes annual checks, consisting of measurements of weight, blood pressure, fasting blood test, urine check, foot check and discussions about medications and diet. A dietician specializing in diabetes visits monthly and a podiatrist visits every six weeks as well as a

Retinopathy clinic which is held three times per year. Further education and support of a healthy lifestyle is offered through the Green Prescription programme, Smoking Cessation and Care Plus.

There is a limited adult dental service in Whangaroa offered by visiting dentists from Auckland University of Technology (AUT). It is recognized that oral health is very important for diabetics.

The average HbA1c for those enrolled with Whangaroa PHO sits just under 8. We aim to reduce that number with a variety of initiatives in the forthcoming year.

Below left Louie Katene (Te Roopu Mate Huka Chairperson) with clients giving mirimiri along with facials and more for the Te Runanga O Whangaroa Marae Based Hauora Day.



## HAUORA PROFILE: Te Manu Toroa

Ko Mauao te maunga korero, Ko te Moana o Toi tona kaitiaki, Ko Ngai Te Rangi, Ngati Ranginui, Ngati Pukenga me Waitaha ana tamariki, E mihi mai oha atu ana ki a matou, Tena Koutou, Tena Koutou, Tena Koutou katoa



Te Manu Toroa is one of the founding members of Nga Mataapuna Oranga PHO and was established in 1997 to provide a Kaupapa Model of Health Care that linked and integrated services to Maori in the Tauranga and Te Puke areas, known as the Western Bay of Plenty.

Results from a feasibility study highlighted alarming health statistics of Maori living in the rohe. The first priority was to establish GP Clinics. Key drivers were accessibility, affordability, services that were culturally appropriate and available in a culturally appropriate setting. GP surgeries are strategically placed throughout the rohe so that Maori have ease of access. The consultation fees are low and partnerships with Pharmacies allow us to reduce prescription costs.

The GP Clinics are situated at:  
**Pirirakau Hauora** ..... Te Puna-Rural  
**Tauranga Moana City Clinic** ...Tauranga  
**Te Akau Hauora** .....Papamoa  
**Waitaha Hauora** .....Te Puke

Other services were developed to meet the health needs of our people. These services include Dental Services, Mental Health Services, Health Promotion, Tamariki Ora, Whanau Care and Support, Facilitation, Rangatahi Health & Wellbeing, Rangatahi Sexual & Reproductive Health, Rangatahi Youth Sui-

cide Prevention, Mobile Maori Disease State Management Nursing Service, Specialist Diabetes Service, Specialist Respiratory Services, Smoking Cessation, Asthma Education and Vision and Hearing Services.

The development and growth of the organisation became evident to our Kaumatua. A name change befitting the people and the rohe we serve unfolded. Kaumatua from our 5 Iwi sanctioned us with a new name, Te Manu Toroa (the albatross which glides the ocean).

Te Manu Toroa sub contract services to their affiliated member provider network which include; Maketu Health & Social Services, Waitaha Hauora, Pirirakau Hauora, Whaio-ranga Trust and Te Runanga o Ngai Tamawaharua. These services include Mental Health, GP Services and Tamariki Ora.

For more information on Te Manu Toroa Contact:

### TE MANU TOROA

**Head Office**, 12c Munro Street, Tauranga  
Phone 07 571 2026, Fax 07 571 2027  
[tmtadmin@temanutora.org.nz](mailto:tmtadmin@temanutora.org.nz)  
[www.temanutoroa.org.nz](http://www.temanutoroa.org.nz)

Emu Taungakore (Ngati Hineuru)  
Te Roopu Mate Huka Executive Committee and  
Disease State Management Nurse - Te Manu  
Toroa



## Te Awhiowhio o te Rangatira Vibrancy, Leadership & Nursing

Te Ao Maramatanga are hosting their first Biannual Maori Caucus Wananga on the 13-14th November 2008.

Some of the speakers attending include: Dr Candy Cookson Cox, Maria Baker, Bob Elliot, Prof. Kuni Jenkins, Mere Balzer, Ray Watson, MOH and more.

To be held at Tauwhare Marae in Hamilton. All enquires to Tio Sewell waea-  
mai@xtra.co.nz.  
Registrations available at:



[www.nzcmhn.org.nz](http://www.nzcmhn.org.nz)

## South Pacific Nurses Forum, Fiji



The 14th biennial SPNF was held this year in Fiji. Over 200 participants from 11 countries across the Pacific attended including two representatives from Te Kaunihera O Nga Neehi Maori; Hineroa Hakiha (president) and Liz Mitchelson Executive committee member).

The theme this year being "Safe care and safe practice for nurses and midwives across the Pacific".

Hineroa & Liz presented to the forum on "Key Issues affecting Maori nurses and workforce strategies for moving forward".

ENGA REO, ENGA MANA, ENGA KARANGATANGA MAHA  
TENA KOIYOU TENA KOIYOU TENA TATOU KATOA

Key Issues Facing Maori Nurses  
And  
Workforce Strategies For Moving Forward



## Enrol now for 2009

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**Maori Nursing**

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**0508 86 36 76**

The official Launch for Te Ohanga Mataora Paetahi is set to take place on Friday, 7th November 2008 at Te Whare Wananga O Awanuiarangi, Whakatane.

For details on programme and times please call Awanuiarangi on their Free phone number:

**0508 86 36 76**



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